



UTI, HFM, STREP
& PINK EYE:
KEY TAKEAWAYS



UTI SYMPTOMS

- Pain/burning when urinating
- Frequent urination
- Pink/cloudy urine
- Fever, back pain, vomiting

Treatment: Visit the doctor for antibiotics.

HFM DISEASE

- Fever, sore throat, runny nose
- Skin sores on mouth, hands, feet, buttocks, genitals

CALL PEDIATRICIAN IF

- Under 6 months old
- Fever lasts >48 hrs
- Symptoms worsen, fluid intake affected

For more info, reach out to www.thefirstparents.com

the
first
parents™

STREP THROAT

- Sudden sore throat, fever, headache
- Red, sandpaper-like rash, swollen tonsils
- In infants: refusal to nurse, crying during feeding

PINK EYE

Viral: Watery eyes, burning, cold-like symptoms

Bacterial: Itchy eyes, discharge, "stuck shut" eyes

Visit the doctor for evaluation and treatment.
Stay informed, stay healthy!

For more info, reach out to www.thefirstparents.com

the
first
parents™