



CHOKING
HAZARDS



COMMON-CHOKING-HAZARDS-LIST

It is important to be aware of choking hazards for infants and young children and take steps to keep these hazards away from them. Here are some common choking hazards:

FOODS

- Raw fruits and vegetables that are hard or round, such as carrots, apples, cherry tomatoes, whole grapes, and cherries.
- Popcorn
- Hot dogs or sausages, especially when cut into a round coin shape.
- Chewing gum
- Nuts and seeds, like whole peanuts
- Hard or sticky candies, such as lollipops, peppermint candies, caramels, marshmallows, and jelly beans

NON-FOOD ITEMS

- Latex balloons
- Coins
- Buttons
- Toys with small parts
- Toys that can fit entirely in a child's mouth
- Small balls or marbles
- Small hair bows, barrettes, or rubber bands
- Pen or marker caps
- Small button-type batteries
- Refrigerator magnets
- Pieces of dog food
- Any toy labeled as a potential choking hazard

Always supervise children while they are eating and playing to minimize the risk of choking. If a child does choke, be prepared to administer appropriate first aid and seek emergency medical help if necessary.

Note

It's important to note that toys are designed for specific age ranges, taking into account the potential for choking. To help prevent choking, do not allow young children to play with toys that are designed for older children. Keep small objects out of reach, and ensure that food is cut into appropriate sizes for young children.

For more info, reach out to www.thefirstparents.com

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